

What is ASCEND Elite?

Ascend Elite is a range of specialised proteins unique to ASCEND, They were discovered and are owned and manufactured by ASCEND in Australia.

Why should you use ASCEND Elite?

Because there are no ASCEND Elite equivalent products available anywhere else in the world and all ASCEND Elite products are BioAssured™ guaranteeing an active cellular response.



ASCEND ELITE - PRODUCT COMPARISON

PRODUCT	WHAT IS IT?	WHY SHOULD I USE IT?	HOW DOES IT WORK?	RESEARCH	RECOMMENDED INTAKE
RECOVERY	<ul style="list-style-type: none"> · Ultra-active whey peptide hydrolysate (NatraBoost XR) · Patented · Discovered & made only by ASCEND 	<ul style="list-style-type: none"> · Accelerates strength recovery after intense exercise · Train harder, more often · Compete more frequently · Effective for frequent intense sessions · BioAssured™ 	<ul style="list-style-type: none"> · Reduces inflammation · Increases muscle cell proliferation · Rapid restoration of blood serum amino acids 	<ul style="list-style-type: none"> · Full strength recovery in under 24 hours · Proven fastest strength recovery supplement 	<ul style="list-style-type: none"> · 25g immediately after exercise
MUSCLE	<ul style="list-style-type: none"> · BCAA-rich fractionated whey protein (NatraBoost BLG) · Natural protein with highest content of Leucine & other Branch Chain Amino Acids (BCAA). · NatraBoost BLG is made exclusively by ASCEND 	<ul style="list-style-type: none"> · Maximises outcomes from your strength training · Doubles strength gains · Increases lean body mass · Enhances muscle definition · BioAssured™ 	<ul style="list-style-type: none"> · Leucine activates critical pathways for muscle development · Fast protein for rapid uptake by muscle cells 	<ul style="list-style-type: none"> · Increased muscle strength by 45% in response to strength training · Double the strength gain of the placebo 	<ul style="list-style-type: none"> · 25g immediately after exercise · Also ideal as your daily protein supplement
PROTEIN CATALYST	<ul style="list-style-type: none"> · Unique natural protein fractions · Made exclusively by ASCEND 	<ul style="list-style-type: none"> · Boosts strength gains & muscle recovery in combination with ASCEND Proven Sports Proteins™ · Reduces inflammation · Enhances immunity · BioAssured™ 	<ul style="list-style-type: none"> · Contains bioactive components, including immunoglobulins and growth factors 	<ul style="list-style-type: none"> · Preliminary evidence of enhanced muscle function when used with ASCEND Proven Sports Proteins™ 	<ul style="list-style-type: none"> · Daily dose of 4 capsules

What is ASCEND Sport?

ASCEND Sport is the highest quality all Australian dairy proteins.

Why should you use ASCEND Sport?

Because all proteins are sourced from ASCEND's parent company, Murray Goulburn Co-Operative, assuring you of the highest quality and consistent protein.

ASCEND SPORT - PRODUCT COMPARISON

PRODUCT	WHAT IS IT?	WHY SHOULD I USE IT?	HOW DOES IT WORK?	RECOMMENDED INTAKE
COLOSTRUM	<ul style="list-style-type: none"> · Pure, natural, from first 2 days of milking · Low temp processing to preserve activity · Rich source of high quality protein (>70%) · Low fat, low lactose · Rich source of naturally occurring antibodies (IgG, IgA) & growth factors · IgG minimum 20% 	<ul style="list-style-type: none"> · Boosts immune function · Enhances natural resistance to colds & flus · Suitable for boosting immune function of all consumers (athletes and non-athletes) · Reduces muscle soreness · Complies with TGA compositional guidelines for bovine colostrum. (IgG content is double the minimum requirement.) 	<ul style="list-style-type: none"> · Stimulates IgA production in saliva · Provides increased passive immunity through introduction of IgG, IgA, IgM, TGF-β and IGF-1, Lactoferrin & Lactoperoxidase. · Antimicrobial and antiviral · Moderates immune parameters during training 	<ul style="list-style-type: none"> · 25g daily on an empty stomach with water to boost immune function.
MICELLAR CASEIN	<ul style="list-style-type: none"> · A premium source of slow release proteins. · Active ingredient NatraPro instant Micellar Casein 	<ul style="list-style-type: none"> · Restores and develops muscle during periods of low activity · Ideal for maintaining protein balance on light training days 	<ul style="list-style-type: none"> · Rich in essential amino acids which are released slowly into the blood stream over time 	<ul style="list-style-type: none"> · At least one serve/day in the evening. · Up to 3 serves/day, depending on individual needs and goals.
WPI	<ul style="list-style-type: none"> · Unique, highly purified whey protein isolate. · Active ingredient NatraPro WPI (instant whey protein isolate) · Contains the highest natural source of glycomacropeptide (GMP) 	<ul style="list-style-type: none"> · Rapidly absorbed for maximum protein uptake · Enhances rapid repair & development of muscle after exercise 	<ul style="list-style-type: none"> · 100% fast-absorbed whey protein rich in essential amino acids 	<ul style="list-style-type: none"> · At least one serve/day immediately after training. · Up to 3 serves/day, depending on individual needs and goals.